



**Case Management**

# Elevate your healthcare experience

Navigating the healthcare system can be complicated and frustrating. With Personify Health, you're not on your own. Your Personal Health Advocates are trained on your health benefits package and are ready to help you understand your benefits, out-of-pocket costs and more.

**Your Personify Health benefits package also includes several clinical programs to help you and your family live your healthiest life:**

- Case Management**
- Disease Management
- Nurturing Together
- Cancer Awareness

## Case Management

### Supporting your health journey

When it comes to managing your health effectively, our compassionate team of healthcare professionals is here for you. Whether you're in need of acute care or you're facing cancer, a high-risk pregnancy, or complex conditions like kidney disease and transplants, we have your back. Count on us to provide the support you need through personalized care coordination, discharge planning and follow-up, so you can take control of your health with confidence.

**Have questions or want to learn more?** Contact us at [CareManagement@PersonifyHealth.com](mailto:CareManagement@PersonifyHealth.com)