Anthem Blue Cross Life and Health Insurance Company Ensign Services, Inc: PPO 3000 with H S A

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016 - 12/31/2016

Coverage for: Individual/Family | Plan Type: CDHP



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at https://eoc.anthem.com/eocdps/ca/aso or by calling 1-844-264-3045.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$3,000 Individual/\$6,000 Family for In-Network Providers. \$5,000 Individual/\$10,000 Family for Out-of-Network Providers. In-Network Provider and Out-of-Network Provider deductibles are separate and do not count towards each other.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Yes. \$6,000 Individual/ \$12,000 Family for In-Network Providers. \$10,000 Individual/ \$20,000 Family for Out-of-Network Providers. In-Network Provider and Out-of-Network Provider out-of-pocket are separate and do not count towards each other.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Services deemed not medically necessary by Medical Management and/or Anthem, Penalties for non-compliance, Premiums, Balance-billed charges and Health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of- pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.

Questions: Call 1-844-264-3045 or visit us at www.anthem.com/ca.

Important Questions	Answers	Why this Matters:
Does this plan use a network of providers?	Yes. See <u>www.anthem.com/ca</u> or call 1-844-264-3045 for a list of In-Network Providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 8. See your policy or plan document for additional information about excluded services .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In-Network <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	20% Coinsurance	40% Coinsurance	none
If way wisit a health	Specialist visit	20% Coinsurance	40% Coinsurance	none
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	Chiropractor & Accupuncturist Not Covered	Chiropractor & Accupuncturist Not Covered	none
	Preventive care/screening/ immunization	No Cost Share	Not Covered	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have a test	Diagnostic test (x-ray, blood work)	Lab - Office 20% Coinsurance X-Ray - Office 20% Coinsurance	Lab - Office 40% Coinsurance X-Ray - Office 40% Coinsurance	Some services may require pre-certification
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	40% Coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Generic Drugs	\$10 Copay/Prescription for Retail Pharmacy \$20 Copay/Prescription for Mail Order	40% Coinsurance for Retail Pharmacy	30 day supply for Retail Pharmacy. 90 day supply for Mail Order. Your Copayment or Coinsurance will apply after your Deductible is met.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.anthem.com/ca	Preferred Brand Drugs	\$25 Copay/Prescription for Retail Pharmacy \$50 Copay/Prescription for Mail Order	40% Coinsurance for Retail Pharmacy	30 day supply for Retail Pharmacy. 90 day supply for Mail Order. If a member requests a Brand Name Drug when a Generic Drug version exists, the member pays the Generic Drug Copay plus the difference in cost between the Prescription Drug maximum allowed amount for the Generic Drug and the Brand Name Drug dispensed, but not more than 50% of our average cost of that type of Prescription Drug. The Preferred Generic Programs does not apply when the physician has specified "dispensed as written" (DAW) or when it has been determined that the Brand Name Drug is medically necessary for the member. In such case, the applicable Copay for the dispensed Drug will apply. Your Copayment or Coinsurance will apply after your Deductible is met.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Non-Preferred Brand Drugs	\$40 Copay/Prescription for Retail Pharmacy \$80 Copay/Prescription for Mail Order	40% Coinsurance for Retail Pharmacy	30 day supply for Retail Pharmacy. 90 day supply for Mail Order. If a member requests a Brand Name Drug when a Generic Drug version exists, the member pays the Generic Drug Copay plus the difference in cost between the Prescription Drug maximum allowed amount for the Generic Drug and the Brand Name Drug dispensed, but not more than 50% of our average cost of that type of Prescription Drug. The Preferred Generic Programs does not apply when the physician has specified "dispensed as written" (DAW) or when it has been determined that the Brand Name Drug is medically necessary for the member. In such case, the applicable Copay for the dispensed Drug will apply. Your Copayment or Coinsurance will apply after your Deductible is met.
	Specialty Drugs	20% coinsurance (maximum \$125 Copay per Script)	Not Covered	30 day supply for Specialty Drugs. Your Coinsurance will apply after your Deductible is met.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	40% Coinsurance	Some services may be subject to utilization review.
surgery	Physician/surgeon fees	20% Coinsurance	40% Coinsurance	Some services may be subject to utilization review.
If you need	Emergency room services	20% Coinsurance	20% Coinsurance	none
immediate medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	none
	Urgent care	20% Coinsurance	40% Coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have a hospital	Facility fee (e.g., hospital room)	20% Coinsurance	40% Coinsurance	Some services may be subject to utilization review.
stay	Physician/surgeon fee	20% Coinsurance	40% Coinsurance	Some services may be subject to utilization review.
	Mental/Behavioral health outpatient services	Mental/Behavioral Health Office Visit 20% Coinsurance Mental/Behavioral Health Facility Visit - Facility Charges 20% Coinsurance	Mental/Behavioral Health Office Visit 40% Coinsurance Mental/Behavioral Health Facility Visit - Facility Charges 40% Coinsurance	none
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% Coinsurance	40% Coinsurance	This is for facility professional services only. Please refer to your hospital stay for facility fee.
health, or substance abuse needs	Substance use disorder outpatient services	Substance Abuse Office Visit 20% Coinsurance Substance Abuse Facility Visit - Facility Charges 20% Coinsurance	Substance Abuse Office Visit 40% Coinsurance Substance Abuse Facility Visit - Facility Charges 40% Coinsurance	none
	Substance use disorder inpatient services	20% Coinsurance	40% Coinsurance	This is for facility professional services only. Please refer to your hospital stay for facility fee.
	Prenatal and postnatal care	20% Coinsurance	40% Coinsurance	none
If you are pregnant	Delivery and all inpatient services	20% Coinsurance	40% Coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits for OB delivery stays beyond the Federal Mandate minimum LOS (including newborn stays beyond the mother's stay).

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Home health care	20% Coinsurance	Not Covered	Coverage is limited to 100 visit maximum per Benefit Period.
If you need help	Rehabilitation services	20% Coinsurance	40% Coinsurance	none
recovering or have	Habilitation services	20% Coinsurance	40% Coinsurance	none
other special health needs	Skilled nursing care	20% Coinsurance	40% Coinsurance	Coverage is limited to 100 visit Max per Benefit Period. Subject to utilization review.
	Durable medical equipment	20% Coinsurance	40% Coinsurance	Pre-certification may be required.
	Hospice service	20% Coinsurance	Not Covered	none
If your shild moods	Eye exam	Not Covered	Not Covered	none
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
dental of eye care	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Cosmetic surgery

- Dental care (Adult)
- Hearing aids
- Infertility treatment
- Long-term care

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care (Unless you have been diagnosed with diabetes.)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

 Urgent/emergent care provided outside the United States. See
 www.bcbs.com/bluecardworldwide

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-844-264-3045. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

Anthem Blue Cross Life and Health Insurance Company ATTN: Appeals or Grievance

P.O. Box 4310

Woodland Hills, CA 91367

Or Contact:

Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform California Department of Insurance

Consumer Communications Bureau Health Unit

300 South Spring Street, South Tower

Los Angeles, CA 90013 (800) 927-HELP (4357) (800) 482-4833 TDD

www.insurance.ca.gov

A consumer assistance program can help you file your appeal. Contact:

Consumer Communications Bureau Health Unit

300 South Spring Street, South Tower

Los Angeles, CA 90013 (800) 927-HELP (4357) (800) 482-4833 TDD www.insurance.ca.gov

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u> minimum essential coverage**.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo ei dooda'i, shikaa adoolwol iinizinigo t'aa dine k'ejiigo, t'aa shoodi ba na'alnihi ya sidahi bich'i naabidiilkiid. Ei doo biigha daago ni ba'nija'go ho'aalagii bich'i hodiilni. Hai'daa iini'taago eiya, t'aa shoodi dine ya atah halne'igii ni beesh bee hane'i wolta' bi'ki si'niiligii bi'kehgo bich'i hodiilni.

아직 가입하지 않았거나 한국어로 된 도움말이 필요한 경우 영업 관리자나 그룹 관리자에게 문의하시기 바랍니다. 이미 가입한 경우 ID 카드에 있는 번호를 사용하여 고객 서비스에 문의하시기 바랍니다.

Nếu quý vị chưa phải là một hội viên và cần được giúp đỡ bằng Tiếng Việt, xin liên lạc với đại diện thương mãi của quý vị hoặc quản trị viên nhóm. Nếu quý vị đã ghi danh, xin liên lạc với dịch vụ khách hàng qua việc dùng số điện thoại ghi trên thẻ ID của quý vị.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

■ Amount owed to providers: \$7,540

Plan pays: \$3,520Patient pays: \$4,020

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$3,000
Copays	\$20
Coinsurance	\$850
Limits or exclusions	\$150
Total	\$4,020

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

Plan pays: \$1,930Patient pays: \$3,470

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Limits or exclusions Total	\$80 \$3,470
Coinsurance	\$190
Copays	\$200
Deductibles	\$3,000

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.